



St Vincent's Foundation Queensland  
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## Comfort

Finding comfort is a daily pursuit for all of us. Whether it's the solace of a quiet moment or the physical relief of a soft chair, comfort brings a sense of peace and calmness to our lives.

Yet, for those in our Palliative Care ward at St Vincent's Private Hospital Brisbane, comfort holds even greater significance. It becomes a beacon of hope amid the challenges they are experiencing.

Our Palliative care service is a person centred, comprehensive service for people living with progressive, life limiting disease, with the aim of improving their quality of life. Care that includes but is not limited to, symptom and pain management and end of life care.

Our caring and compassionate staff work daily with each patient to identify and treat their symptoms, which may be a combination of physical, emotional, spiritual, and social. By doing this we are optimising each of our patient's quality of life during this very trying time.

### *But we need your help as we cannot achieve this alone.*

In our 2024 Tax Appeal, we urgently seek your support to provide essential comfort to those who need it most. Currently, many of our Palliative Care patients struggle to find relief in standard hospital beds due to pain or breathing difficulties. The simple luxury of a recliner chair can make a world of difference, offering much-needed comfort during their journey.

Currently in our Palliative care ward, we have 40 beds for those in need, but only a small amount of them have access to a recliner chair. With your generosity, we aim to acquire ten more specialized recliners at \$1,350 each. These chairs not only benefit patients but can also provide respite for their loved ones who help care for them during their final moments. Your donation will ensure that those in our care can find solace and peace during such challenging times.



St Vincent's Foundation Queensland  
**2024 Tax Appeal**  
Better and fairer care. Always.

Under the stewardship of Mary Aikenhead Ministries

To donate now,  
please click here.



#### Supporting

St Vincent's Care

St Vincent's Private Hospital Brisbane

St Vincent's Private Hospital Northside

St Vincent's Private Hospital Toowoomba

*You can help today by making a gift to help purchase these comforting chairs.*

**Recliner chairs are beneficial to our Palliative care patients in three ways:**

- 1. They assist those who may have trouble lying in bed with their breathing.** By having an option to sit in an upright position it provides them with an opportune way of taking a breath.
- 2. Can reduce pressure sores.** Providing a way to change positions in an air cushioned chair, helps reduce these issues.
- 3. Provide a sense of home.** Being in hospital can be a stressful situation, so a feeling of normality by having a supportive and comfortable chair, that they may have at their own home, can reduce some of that stress.

*Ellen Hocking one of our Senior Occupational Therapists recently mentioned to me.*

*“Recliner chairs are very helpful for those experiencing shortness of breath, as often it is much more comfortable and supportive for breathing to be in a more upright position. The chairs allow patients to participate more actively in each day. By having an option to be able to sit up out of bed while still feeling comfortable and supported, the patient is able to feel more engaged with those around them”.*

*Please donate now to provide comfort and support to those in need.*

Our palliative care patients are so important to us, and we want them to feel supported and comfortable whilst in our care. By purchasing more recliner chairs it will help us deliver our goal of providing comfort and peace of mind to those in need.

Every contribution you can make, no matter the size, makes a tangible impact on the lives of those we care for. **Together, let's make comfort a reality for those who need it most.**

*At St Vincent's we say better and fairer care, always. You can help us achieve that.*

**To donate to this very special Tax Appeal before June 30, and help provide comfort to those Palliative care patients in need with the purchase of these much-needed recliner chairs please:**

- Return the enclosed donation form in the reply envelope today.
- visit [www.helpstvincentsqld.org.au](http://www.helpstvincentsqld.org.au) and click on St Vincent's Private Hospital Brisbane 2024 Tax Appeal button.
- or contact the St Vincent's Foundation Queensland on **1800 161 197**.

Thank you for your compassion and support of those in need.

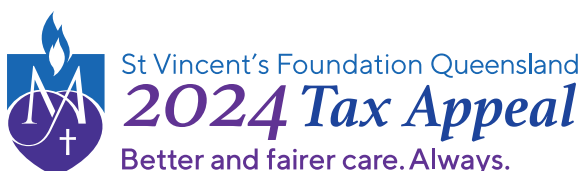
Warm regards,



**Dr Korana Kindl**

Senior Specialist - Palliative Care  
St Vincent's Private Hospital Brisbane

*P.S. Thank you for considering our tax appeal and for your commitment to improving healthcare in our community. Please donate before June 30, 2024, so we can purchase these much-needed chairs to help our Palliative care patients, and you will also receive a tax deductible receipt for your generous gift.*



[helpstvincentsqld.org.au](http://helpstvincentsqld.org.au) | 1800 161 197

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**ST VINCENT'S  
PRIVATE HOSPITAL**  
BRISBANE  
A FACILITY OF ST VINCENT'S HEALTH AUSTRALIA