

St Vincent's Foundation Queensland

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## Close your eyes and take a deep breath.

Now think, what is that pain you are feeling, causing shortness of breath, a tightening of the chest, and pain down your arms does this mean one thing, heart attack?

You are still conscious, which is a good thing you say to yourself. But what has happened to me? What will happen to my family? I have so many things that I want to do in my life.

You are scared, not sure what is happening next.

But then there is a sense of calm flowing all over your body. You know that you are at St Vincent's Private Hospital Northside. They are known for the excellent Cardiac treatment they provide. Experts will be there looking after you all the way. Staff who are so full of caring and compassion want to make sure that you get back to a normal life as soon as possible.

# What a relief.

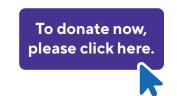
And a few days later you are heading home, healthier ready to continue your life. This happens each day to people just like you.

As a caregiver on the Cardiac ward at St Vincent's Private Hospital Northside I hear stories like this daily. Today I write to you not just as a nurse, but as a member of our community. Every day, I witness firsthand the impact of cardiovascular diseases on individuals and their families. With your help, we can ensure that our Cardiac ward has all the resources it needs to provide life-saving care to those in need.

The burden of cardiovascular diseases weighs heavily on our healthcare system and our community as a whole. Without adequate support, the ability to address the growing demand for Cardiac care may be compromised.

## Please donate now help our Cardiac ward.





#### Here is what a recent patient told us about their time in our hospital.

"I have had the greatest appreciation for many staff - from doctors, nurses, kitchen staff and cleaners for their positive energy and genuine care. Especially with senior staff, there was a blend of professionalism and humanity, allowing for a depth of listening and engagement.

It seemed to me that there is a philosophy/value/mission which is more than words on paper, but something being consciously lived out in the provision of care".

I have seen so many people who have been through it and have gone onto happy and healthy lives. And so many of them want to make sure that if someone else is ever in that situation, they can get that same treatment. We are grateful that many of them choose to support the work done at St Vincent's by donating.

### Your support will help those in need. It could:

- 1. Be helping to develop new treatments to deal with heart disease.
- **2.** A trolley that a nurse can use to transport what they need, will help nurses like me while doing our rounds.
- **3.** Something as simple as a new commode seat that can be used by our patients that helps maintain their dignity.
- 4. There are many other examples of need in our ward that you can help provide.

Any of them can make a difference with the care we give, while they are in a vulnerable position.

### At St Vincent's we say better and fairer care, always. You can help us achieve that.

When you donate during this Tax Appeal, you become part of our special group of supporters, and we are so thankful that you made that decision. Your funds will be used to help our staff working in the cardiac ward, so that if any of your family or friends need help, we will be there for them. By supporting our cardiac ward, you're not just investing in medical equipment or the facilities; you're investing in the health and well-being of our community.

### You can help today by making a gift to help nurses like me in our Cardiac ward.

Every contribution you can make, no matter the size, makes a tangible impact on the lives of those we care for. Together, let's help those in cardiac care.

#### To donate to this very special Tax Appeal before June 30, and help support our cardiac ward please:

- Return the enclosed donation form in the reply envelope today.
- visit **www.helpstvincentsqld.org.au** and click on St Vincent's Private Hospital Northside 2024 Tax Appeal button.
- or contact the St Vincent's Foundation Queensland on 1800 161 197.

With sincere gratitude,



**Candice Chilcott** 

Registered Nurse - Cardiac Ward St Vincent's Private Hospital Northside P.S. Thank you for considering our tax appeal and for your commitment to improving healthcare in our community. Please donate before June 30, 2024, so we can make a difference in our Cardiac ward, and you will also receive a tax deductable receipt for your generous gift.





